

Lonsdale Fell Runners

Bob Graham Round

Name	Time	Day	Month	Year	Number
John Doyle	23h58m	28 th	May	1984	290
Graham Holden	23h25m			1985	362
John Oldroyd				1987	485
Andrew Crowther	23h26m			2005	1259
Dave Sykes				2009	1468
Paul Modley	22h52m	26 th	June	2010	1597
Jules Coleman	19h30m			2011	1630
Andy Smilie	23h11m		June	2011	1662
Ken Murphy	23h42m	9 th	June	2012	1745
Jules Coleman	22h42m	4 th	Jan	2013	
Mark Children		30 th	July	2016	2044
Kate Ludley	23h45m	6 th	Aug	2016	2045
Claire Nance	20h35m	24 th	June	2017	2117
Paul Tynan	23h26m	30 th	June	2017	2129
Jess Richardson	23h23m	23 rd	July	2017	2150

Paddy Buckley Round

Ken Murphy	26h00m	11 th	June	2016	140
Jules Coleman	25h30m	17 th	June	2018	165
Jess Richardson	24h38m	15 th	Sep	2018	

Ramsay's Round

Jules Coleman	23h52m	2 nd	Aug	2014	79
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Joss Naylor Challenge

John Doyle					
Paul Bates					
Geoff Cox					
Jules Coleman			May	2016	

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